

# Tequesta Family Practice

395 Tequesta Dr.  
Tequesta, FL 33469  
(561) 746-4333 VOX  
(561) 746-4449 FAX

**R. J. Oenbrink, DO**

[www.tequestafamilypractice.com](http://www.tequestafamilypractice.com)

## Stress Test Consent Form:

You need to have an exercise stress test to help diagnose/evaluate your medical condition.

Stress testing is designed to evaluate the function of your heart, lungs and blood vessels, especially the coronary (heart) arteries. Before the stress test you were screened in the office, you will get another EKG at rest and then be asked to walk faster and faster on a treadmill (or pedal an exercise bicycle) until you have fatigue, breathlessness, chest pain and/or other symptoms that are too much for you and you feel you should stop. If you feel you should stop the test, notify those in the room testing you.

Your blood pressure, pulse, and EKG will be monitored throughout and after the test. Blood may be drawn for testing.

Risks of stress testing include occasional changes in the rhythm of the heart beats and the possibility of very high changes in blood pressure. There is a rare chance of fainting and an even rarer chance of heart attack (about 1 in 10,000).

Benefits of testing include learning how much exercise you can safely do and determining if there are any problems with your heart. The knowledge gained from the stress test allows a better diagnosis of your medical condition and makes more accurate treatment and prognosis possible.

## CONSENT:

Your signature on the line provided below indicates that

1. You have read, understood and agree to all of the above statements.
2. You have had an opportunity to ask questions about the stress test.
3. The test has been adequately explained to you and you have sufficient information regarding the test, its risks and benefits and ...
4. Your consent to take the stress test is given voluntarily as you have the right not to take the test if you so choose.
5. Do NOT eat for 4 hours prior to the test.
6. Bring a snack to the test to eat afterwards while awaiting the completion of final images.
7. Total testing may take 3 to 3 1/2 hours including all imaging of the heart.
8. Stop taking Digoxin 2 weeks prior to the test (discussed with your doctor).
9. Bring shoes/clothing comfortable for walking/jogging.

I hereby consent to undergo the performance of the stress test under the supervision of;

R. J. Oenbrink, DO

01/16/2011 10:57

Patients Name: Testypatient Testypatient

Patients Signature: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

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## **Adenosine Cardiolyte Stress Test Instructions;**

1. Nothing by mouth for 6 hours prior to test
2. No xanthine medications (Aminophyllin, Theophyllin, Caffeine/caffeinated beverages (including soda, tea, cocoa, chocolate) within 12 hours of the test
3. There is a cost of \$500 for the medications necessary for the test, they have to be prepared in advance, if you miss the scheduled test, this cost will be your responsibility, if it's not used in your test, insurance won't pay for it, you will be responsible personally. We need at least 24 hours notice if you will miss the test or you'll have an additional \$100 missed appt fee.
4. The test will be administered at the office of;  
**Ricardo Bedoya MD**  
**4600 Military Tr**  
**Ste 110**  
**Jupiter, FL 33458**  
**(561) 630-0303**
5. Driving Instructions to Dr. Bedoya's office;  
North corner of University and West side of Military trail.  
Bring a snack for after the treadmill portion of the test!