

Tequesta Family Practice

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Endocrine Treatment Consent Form:

All forms of Endocrine/glandular manipulation need to be monitored. Monitoring therapy is the basis for the practice of modern medicine. All treatments have risks as well as benefits. It is believed that the risks are far outweighed by the benefits, this is why this therapy has been recommended to you.

Thyroid supplementation can increase your basal metabolic rate, help you lose weight and feel more energetic. It can also cause increased osteoporosis and increase risk of problems with your heart and other organ systems.

Testosterone supplementation will increase strength, coordination, sex drive & abilities and overall vitality. It can increase the risk of prostate cancer in men and hair growth and other problems such as behavioral issues with agitation at to high a dose in both sexes.

Estrogen use helps to reverse the clock and keep ladies physiologically younger. Estrogen can increase risk of breast cancer and blood clotting as well as other more rare problems. Progesterone has similar effects as does DHEA which is also given in concert with most forms of sex hormone therapy.

Human Growth Hormone can do great things but there are certain risks;

Growth Hormone can stimulate cancer growth; it's essential to maintain good total body cancer screening. This is commonly done as primary care/preventive medicine and is part of our practice.

The most serious/significant complications include;

Intra-cranial Lesions, Morbid Obesity, Post-surgical Complications, Respiratory Failure, Sleep Apnea, Trauma, Benign Intra-cranial Hypertension.

Other adverse effects include;

Acute Otitis Media Infection, Acute Pancreatitis, Allergic Reactions, Arthralgia, Carpal Tunnel Syndrome, Fatigue, Gynecomastia, Headache, Increased Growth of Nevi, Injection Site Sequelae, Intra-cranial Hypertension, Myalgia, Peripheral Edema, Slipped Capital Epiphyses, Diabetes Mellitus, Malignancy, Scoliosis, Snoring, Untreated Hypothyroidism

I have discussed these issues with my doctor, specifically any history I have of;

Disorders of electrolytes/minerals/blood/kidneys/edema/fluid retention/kidney disease.

Any history of cancer at any site in my body **ever**.

Heart disease, high cholesterol, angina, heart failure, high blood pressure

Neurologic and emotional disorders, chemical dependency.

Immune disorders including rheumatoid arthritis etc.

Glaucoma

Endocrine disorders including problems with thyroid disease and/or diabetes

Orthopedic problems, especially carpal tunnel syndrome, any recent surgeries, poor wound healing.

I specifically understand that pregnancy and lactation/breast-feeding are contraindications to HGH.

I consent to the use of Human Growth Hormone as an anti-aging therapy.

I understand that I will be able to purchase this through Tequesta Family Practice or that I can go anywhere else I wish to purchase this medication.

I fully understand the risks and benefits, having discussed these with the staff at Tequesta Family Practice and had my questions answered I would like to start on HGH therapy.

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