

Tequesta Family Practice

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R. J. Oenbrink, DO

www.tequestafamilypractice.com

Varicose Vein Sclerotherapy Consent Form;

I have been informed by the doctor of the nature of injection treatment of my veins. I understand the possible side effects, which include recurrence, skin pigmentation, skin ulcers and localized clotted veins. I have read over the handouts provided and understand the risks and benefits. I have been given the opportunity to have all of my questions answered

I authorize the doctor to take photographs of me before and after treatment, and to permit such photographs to be used at the doctor's discretion for purposes of medical lecturing, research or scientific publication with the provision that I will not be identified.

Fees & Payment:

Injections are billed individually at \$ each. Most treatments will not exceed twenty injections per appointment. Due to the costs of providing this treatment and the variability of insurance coverage, payment is expected at the time this service is rendered. A deposit of \$ is required no later than 10 days prior to my scheduled appointment. This deposit confirms my appointment time and will be credited to my balance on my treatment day. All future scheduled appointments will also require a deposit in advance. The balance at the time of treatment will then be that which exceeds the deposit (payment by cash/check/credit card will be accepted). I understand all terms as written above and authorize the doctor to administer such treatment to me.

01/16/2011 10:57

Patient: Testyapatient Testyapatient

Patient Signature _____

Witness _____

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Varicose Vein Sclerotherapy Instructions;

As you begin a program of sclerotherapy for your spider veins, there are some things that you should be aware of:

1. **Certain veins require 3-4 treatments before they disappear.**

The principle of injection therapy for small skin veins is to inject a sclerosing (scarring) agent into the vein which causes the vein wall to become inflamed and seal together. When the vein can no longer carry blood, it is no longer visible through the skin. Certain veins require 3-4 treatments before they disappear

2. **There is occasional skin pigmentation (brown spots).**

When the tiny needle is inserted into the vein and the salt solution is injected, occasionally the vein will rupture allowing this solution to leak into the surrounding tissue. This may result in a brown pigment spot in the skin which rarely is permanent and usually disappears with time. It is usually small and no more obvious than the vein that was initially treated. However you should be aware that this is a possible complication of injection sclerotherapy. It occurs in approximately 10% of cases.

3. **There is a rare occurrence of small skin ulcers after injection.**

Very rarely an injection will be irritating enough to cause a small area of skin loss or ulcer. In more than 70,000 injections, this complication has occurred 37 times. These ulcers are the size of a pencil eraser and can heal without incident leaving a small white scar.

4. **Flare formation ("matting").**

Occasionally immediately following injection, a new cluster of veins may form in proximity to the vein just injected. This has the appearance of a "blush" in the skin. These are usually controlled with repeat injection.

5. **Pain.**

Very small needles are used and the discomfort is minimal.

6. **You will be required to wear support hose after treatment.**

After injection, your legs will be compressed with small gauze pads and a compression stocking (either calf high or thigh-high). This compression support **MUST** stay in place for 3 days and 2 nights during which time you will not be able to shower or have a complete bath. The stocking alone is used (except during sleep for an additional 2 weeks during which you may resume your normal bathing routine. Cool baths or showers are advised.

7. **Activities after injection.**

During the injection treatments, your daily activities are not restricted. You may continue to work and perform your daily activities, however aggressive exercising (Eg. Jogging, Tennis, High-impact aerobics) should be avoided 1-3 weeks after treatment.

8. **New spider veins may form, requiring subsequent treatment.**

Because humans function and work in the erect position, there is extra pressure on the veins of the leg. Thus there *is a tendency for new spider veins to form*. Even after most of your veins have been removed by sclerotherapy, be aware that new spider veins can develop. We ask all of our patients to return for periodic re-evaluation so that any new veins can be injected before they become too large or numerous. Use of compression hose on a regular basis can reduce the likelihood of recurrence.

9. **On the day of treatment.**

Bring your compression stockings to the office with you

Do NOT use bath oil, lotion or powder on your legs the day of or night before the treatment.

Wear loose slacks, sweat pants, dress or skirt and wear comfortable loose shoes to accommodate the dressings.

If possible bring loose-fitting shorts to wear during the procedure

Call your insurance company to check to see if they will cover any of your costs

for this procedure (this is best done in advance).