

Reviewed that onychomycosis of the toes is a cosmetic problem. Lamisil 250 by mouth causes deposition of the drug into the nail matrix, the nail will slowly grow out, often taking a year or more, with the zone of Lamisil in the nail matrix will then kill the fungus over the course of the year as it grows out. Cost is a downside, it may cost \$500 to take the medication which should be taken daily for for 3 month. An option is available; Pulse Dose Therapy involves taking the pill daily for one week of each month for 3-4 months, this also causes deposition into the nail bed which will often erradicate the fungus. Under the best circumstances the erradication rate is not 100%, 70% is an optimistic rate of cure. Cure is a bit higher with regular therapy daily for 90 days.