

Tequesta Family Practice

Ongoing Pain Assessment Diary

For

To help us keep track of how well your pain medicine is working, please record your pain level—3 times a day for the next week—on the chart below. Also, indicate how pain has affected your daily activities, if at all. We'd also like you to write down any side effects you feel may have been caused by your pain medicine, when they occurred, and what you did about them. Bring this diary with you on your next. Our goal is to provide you maximum pain relief and the highest level of function with minimal side effects.

Please list any side effects that you feel may have been caused by your pain medicine.

Side Effects

When

What you did about it

Doctors Suggestions

